



**MEDIA RELEASE**  
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## **STUDENTS TAP INTO HEALTHY LIFESTYLE GRANTS**

From dancing to kitchen gardening, indoor soccer and tennis to traditional indigenous games – a huge range of healthy lifestyle activities in NSW public school have just received new grants.

Sydney Markets limited is a sponsor of the School Sport Foundation 'Promoting the Consumption of Fresh Fruit and Vegetables Combined with Physical Activity' grant fund, which was established to assist with the development of sport and healthy lifestyle initiatives in NSW schools. The Foundation supports all school sport programs ranging from elite level competition in the representative programs, through to grassroots participation in schools via the Grants Fund.

"Sydney Markets has distributed \$140,000 towards the School Sport Foundation Grants over a number of years and have helped 181 schools implement programs that emphasise the importance of eating fresh fruit and vegetables combined with an active lifestyle. Bradley Latham, CEO for Sydney Markets, said.

"Sydney Markets sponsors the School Sport Foundation to help provide these opportunities to schools to promote the importance of being healthy."

Schools are able to apply for a grant of up to \$2500 to fund physically active, healthy lifestyle projects aimed at giving students learning experiences not normally available in core sport and Personal Development / Health / Physical Education programs.

### **Sydney Markets Limited Sponsorship of the School Sport Foundation – further information:**

Sydney Markets has been the sponsor of the School Sport Foundation since 1997 which has given over \$2 million to schools to run local level sport and healthy lifestyle initiatives.

A grants fund category dedicated to promoting the importance of eating fresh fruit and vegetables has been seen a successful initiative in its ongoing benefits to schools and students within the community.

Through the School Sport Foundation, Sydney Markets also awards selected students for their sporting achievements, excellence and dedication by providing them with the Sydney Markets Scholarship. Winning students receive a trophy, \$1,000 cash and \$1,500 worth of fresh fruit and vegetables for a year.

For more information about the Sydney Markets 'Promoting the Consumption of Fresh Fruit and Vegetables Combined with Physical Activity' Grants or the School Sport Foundation Sponsorship please contact:

**Melissa Kolc**  
**Marketing Programs Manager**  
**Sydney Markets**  
**P) 02 9325 6830**  
**E) [Melissa.kolc@sydneymarkets.com.au](mailto:Melissa.kolc@sydneymarkets.com.au)**

