

Fresh for Kids®

Berries with yoghurt



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Preparation: about 5 minutes

Serves: 2

A quick easy fuss-free breakfast that's great for little kids.

250g strawberries, hulled

75g blueberries

1 cup reduced fat vanilla yoghurt

1. Swirl blueberries through yoghurt and spoon into serving dishes

2. Serve with strawberries

For fresh fruit and vegetable recipes visit
www.freshforkids.com.au.

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