

Fresh for Kids®

# Tomato, turkey, spinach & cheese sandwich



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Preparation: 5 minutes

Serves: 1

2 slices multigrain bread  
Butter or margarine, for spreading  
1 slice Swiss cheese  
2 slices tomato  
50g finely sliced roast turkey breast  
8 baby spinach leaves  
Redcurrant jelly (optional)  
Salt and ground black pepper

1. Place bread onto a board and lightly spread with butter or margarine. Top one slice of bread with cheese, tomato, turkey and baby spinach. Drizzle with redcurrant jelly if using and season with salt and pepper. Cut in half, wrap and pack.

For fresh fruit and vegetable recipes visit  
[www.freshforkids.com.au](http://www.freshforkids.com.au).

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