

Fresh for Kids

Kiwifruit & pineapple marshmallow pops



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Loaded with beneficial vitamin C, these fruit pops make a great after-school snack and are ideal for kid's parties.

Makes: 12

Preparation: 20 minutes

2 large green kiwifruit

3 large gold kiwifruit

1/4 small pineapple, peeled and cored

12 white marshmallows

12 paddle-pop sticks*

1. Peel and cut green and gold kiwifruit into 1cm-thick slices. Cut pineapple into 2cm pieces.
2. Thread kiwifruit, pineapple and marshmallows onto paddle-pop sticks and serve.

*Paddle-pop sticks are available from craft shops.



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Supplying quality fresh fruit & vegetables

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